



## Talkspace Announces 'Tee,' the First Safe AI Agent Specifically Developed to Help Individuals Navigate Life's Daily Mental Health Challenges

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*By combining proprietary clinical algorithms, rigorously tested safety features, and proven therapy techniques, Tee provides a trustworthy, confidential alternative for people using general-purpose AI chatbots for supportive conversations*

NEW YORK--(BUSINESS WIRE)--Jun. 9, 2026-- Talkspace (NASDAQ: TALK), a leading online behavioral healthcare provider, today announced Tee, a safe, fine-tuned large language model developed by mental health experts.

This press release features multimedia. View the full release here: <https://www.businesswire.com/news/home/20260609734252/en/>



With HIPAA-grade privacy protections, Tee has the ability to identify potential suicide risk, homicidal/violence risk, abuse risk and

seven other mental health risk entities. It is the first model of its kind providing real-time oversight by licensed clinicians and immediate human intervention by a therapist as needed.

"Tee represents a fundamentally different approach to AI in mental health," said **Dr. Jon Cohen, CEO of Talkspace**. "Millions of people are already using AI to talk through deeply personal issues, but most of those systems were never designed for that purpose. Tee provides a clinically-safe alternative to general purpose chatbots, setting a new industry standard for the responsible use of AI in mental-health support."

"As more people turn to AI for support during some of their most vulnerable moments, we have to ensure all tools are designed with that level of responsibility in mind," said **Dr. Nikole Benders-Hadi, Chief Medical Officer at Talkspace**. "We built Tee to bring clinical rigor and human oversight into that experience. The goal is to have a safe, supportive place for people to talk at any time, where their conversations are confidential and protected, while also ensuring that our clinicians appropriately recognize and escalate higher-risk situations."

Available 24/7 for individuals ages 18+, Tee offers a private, judgment-free space where anyone can talk through challenges in real time, whether they are dealing with stress, relationship issues, anxiety, or major life decisions.

By remembering past conversations, it builds continuity and self-awareness for patients, guiding them toward positive insights and steady progress. Tee is now available with a 7-day free trial, followed by a \$19.99 monthly subscription. For more information and to sign up, visit [talkspace.com/tee](https://talkspace.com/tee).

### About Talkspace

Talkspace (NASDAQ: TALK) is a leading virtual behavioral healthcare provider committed to helping people lead healthier, happier lives through access to high-quality mental healthcare. Talkspace pioneered the ability to text with a licensed therapist from anywhere and now offers a comprehensive suite of mental health services, including therapy for individuals, teens, and couples, as well as psychiatric treatment and medication management (18+).

With Talkspace's core therapy offerings, members are matched with one of thousands of licensed therapists within days and can engage in live video, audio, or chat sessions, and/or unlimited asynchronous text messaging sessions.

All care offered at Talkspace is delivered through an easy-to-use, fully-encrypted web and mobile platform that meets HIPAA, federal, and state regulatory requirements. Most Americans have access to Talkspace through their health insurance plans, employee assistance programs, our partnerships with leading healthcare companies, or as a free benefit through their employer, school, or government agency.

For more information, visit [www.talkspace.com](https://www.talkspace.com).

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